

## Our Vision

Healthy People  
Healthy Saskatchewan

## Our Mission

We work together to improve our health and well-being.  
Every day. For everyone.

## Our Values



If you are interested in receiving further information and/or interested in accessing services, please call:

Mental Health & Addiction Services,  
Centralized Intake line:

Telephone: 306-655-7777



**MENTAL HEALTH AND ADDICTION SERVICES— MCKERRACHER CENTRE**  
2302 ARLINGTON AVENUE  
SASKATOON, SK. S7J 3L3  
P: 306-655-4590 | F: 306-655-4592



[saskhealthauthority.ca](http://saskhealthauthority.ca)

2021 Mental Health and Addiction Services

# MCKERRACHER CENTRE RECOVERY PROGRAM



Mental Health & Addiction Services  
Saskatoon Area

*Healthy People, Healthy Saskatchewan*

## Who Do We Serve

Adults (age 18+) whose quality of life has been impacted by their mental health and/or addiction issues, and who want to “live well.”

### Accessing Services

Persons interested in attending McKerracher Recovery Program may be referred by their physician, psychiatrist, or community support worker or can simply attend a drop-in group. For more information, contact:

McKerracher Recovery Program  
Tel. 306-655-4590

OR

Mental Health & Addition Services  
Centralized Intake:  
Tel. 306-655-7777

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.

## Services Offered

- A variety of groups which are educational and skill-building provided in a safe, supportive environment.
- A learning and practice approach.
- Groups that enhance living skills and build on individual strengths.
- Groups that offer an opportunity to engage in focused activities and build social connections.
- Program plans are tailored to meet individual client needs and follow a multi-disciplinary team approach.
- Drop-in groups do not require registration and provide flexibility to accommodate clients' schedules. For those groups that do require registration, relevant information will be provided to the client.

*Caring for the whole self:*

*Emotional  
Spiritual  
Intellectual  
Social*

## Core Values

- Respect the dignity of each participant.
- Respect the individual's ability and right to choice and autonomy.
- Acknowledge the expertise and capacity that exists within our community and value community partnerships.
- Provide sustainable services.
- Operate within and from an environment of safety and respect for both the participants and the service providers.
- Support community reintegration where possible and appropriate.
- Offer a holistic approach to enhance mental health for participants.

