

Residential Services

Who Do We Serve?

Residential Services facilitates the Mental Health Approved Home Program in Saskatoon and the surrounding area of the Saskatchewan Health Authority.

The residents of these homes are persons who have difficulty living independently because of mental illness or addiction challenges.

Services Offered

The Approved Home Program provides safe and supportive housing for people affected by mental illness and/or addictions.

Referral Process

Referrals for residence within an approved home are accepted from healthcare providers. If you are interested in accessing residency in an approved home, please discuss with your healthcare provider. Inquiries about accessing the Program can be directed to 306-655-4590.

Adult Family Program

This Program operates out of the McKerracher Centre. It provides individual and group support to family members affected by someone else's mental illness and/or addiction challenges. Please contact 306-655-4590 for more information.

If you are interested in receiving further information and/or interested in accessing services, please call:

Mental Health & Addiction Services,
Centralized Intake line:

Telephone: 306-655-7777



**MENTAL HEALTH AND ADDICTION
SERVICES—MCKERRACHER CENTRE**
2302 ARLINGTON AVENUE
SASKATOON, SK. S7J 3L3
P: 306-655-4590 | F: 306-655-4592



saskhealthauthority.ca

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.

2021 Mental Health and Addiction Services

MCKERRACHER CENTRE



**Saskatchewan
Health Authority**

Mental Health & Addiction Services
Saskatoon Area

Healthy People, Healthy Saskatchewan

Recovery Program

Who Do We Serve?

The Recovery Program provides education and support to adults (age 18+) whose quality of life has been impacted by their mental health and/or addiction challenges.

Services Offered

Programming is offered in a group setting.

Drop-in groups do not require registration and are individualized to meet identified client needs. Focus is placed on hope, personal responsibility, self-advocacy, education, and support.

A registered education group is offered to clients with a diagnosis of bipolar affective disorder.

Referral Process

Persons interested in attending one or any of the drop-in groups can simply attend—no registration required. Those wishing to attend the Bipolar Education group can be referred by their Mental Health & Addiction Services (MHAS) worker. Clients without an MHAS worker can seek a referral by calling MHAS Adult Services at 306-655-7777

For more information, please contact:

McKerracher Recovery Program
Tel. 306-655-4590

OR

Adult Services—Mental Health
Tel. 306-655-7777

Peer Support Program

Who Do We Serve?

Peer Supporters use their own lived experience of mental health and/or addiction challenges to relate, to build hope for recovery, and to support clients to achieve a goal, such as learning the bus system or developing conversation skills.

Services Offered

Peer Supporters will meet individually with clients for about 10—20 sessions to support them to achieve their goals.

The WRAP Peer Support Group is a registered group which helps clients develop their own Wellness Recovery Action Plan.

Coping and Peer Support is a drop-in group which does not require registration. Weekly support and discussions related to living with mental health issues are provided in a group setting.

Referral Process

Referrals can be made by Mental Health & Addiction Services (MHAS) staff on behalf of their clients. Clients without an MHAS worker can seek a referral by calling MHAS Adult Services at 306-655-7777

For more information, please contact:

McKerracher Centre
Peer Support Program
Tel. 306-655-4590

Seniors Program

Who Do We Serve?

The Seniors Program provides case management, education, and consultation to seniors over the age of 65 with a new onset or prior history of psychiatric illness that is now complicated by the aging process.

Services Offered

Case management, education, and consultation are offered. Services include:

- Individual Services
- Depression and Anxiety Groups
- Seniors Directed Service
- Home Care Liaison

Referral Process

A doctor's referral is required to access services.

Recreation Therapy

Who Do We Serve?

Service is provided to individuals who have mental health and/or addictions challenges that impact their quality of life and ability to engage in meaningful leisure experiences.

Services Offered

Clients are offered assessment, treatment, and leisure education in an individualized and/or group setting.

Referral Process

Referrals can be made by Mental Health & Addiction Services (MHAS) staff on behalf of their clients. Clients without an MHAS worker can seek a referral by calling MHAS Adult Services at 306-655-7777