

## Referral Process

Referrals are made to the admissions office through a community Mental Health & Addictions Case Manager who is able to coordinate a continuum of care for the client before, during and after their stay at Calder.

Intake assessment information is gathered, evaluated, and bookings for admission interviews and intakes are communicated to the referral agent and treatment team.

Counselors facilitate the intake process, which includes the signing of Informed consents, collection of pertinent information, family interviews, and comprehensive program orientation.

- Admission to the Youth Program is open to Saskatchewan youth between the ages of 12-18.
- Admission to the Adult Program is open to Saskatchewan residents 18 years of age and over who meet the admission criteria.
- Admission to the Youth Stabilization Unit is open on a 24/7 intake basis to youth between the ages of 12-18. Referrals to this program are by phone intake directly to the Unit at 306-655-4526

Calder receives referrals province wide and occasionally from out of the province agencies.

Adult Admissions Phone Number:  
306-655-4502  
Fax; 306-655-4545

Youth Admissions Phone Number:  
306-655-4502  
Fax: 306-655-4545

Youth Stabilization Unit Phone Number:  
306-655-4526  
Fax: 306-655-4527

### MENTAL HEALTH AND ADDICTION SERVICES—CALDER CENTRE

2003 ARLINGTON AVE.  
SASKATOON, SK. S7J 2H6  
P: 306-655-4500 | F: 655-4545



[saskhealthauthority.ca](http://saskhealthauthority.ca)

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.

2021 Mental Health and Addiction Services

# CALDER CENTRE



Mental Health & Addiction Services  
Saskatoon Area

*Healthy People, Healthy Saskatchewan*

# Holistic Approach

Services provided at Calder Centre as a part of chemical dependency treatment include:

- Family Programming
- First Nations & Metis Support
- Psychological Services
- Psychiatric Services
- Therapeutic Recreation
- Spirituality Services
- Nutritional Services
- Medical Services
- Educational Services

### MISSION:

Working in partnership to assist individuals and families with recovery from chemical dependency.

## Goals

1. Provide the people of Saskatchewan with a holistic, cross-cultural recovery program for individuals and families who are affected by chemical dependency.
2. Provide a healthy environment conducive to meeting client's recovery needs.
3. Provide services in partnership with health districts, agencies, communities and consumers.

# Adult Program

Calder Centre Adult Program is a 38 bed inpatient program which provides a safe supportive environment to help chemically dependent individuals through the Recovery Tasks utilizing the biological/psychological/social/spiritual understanding of addiction and recovery. The program is based on a four-week residential stay, but offers flexibility to abbreviate, or extend the length of stay depending on the individual's needs.



All programming provides counselling and education on chemical dependency. The Calder Adult Program is group based and provides competency based treatment to match individualized treatment goals.

Gender specific treatment is provided based on research which indicates males and females differ in onset, consequences and recovery from chemical dependency. A variety of therapeutic approaches and philosophies are implemented into service delivery.

# Youth Program

The Youth Treatment Program is a 12 bed inpatient treatment program that provides recovery services to adolescents aged 12-18 with chemical dependency issues. Calder Centre is a safe, inviting facility that affords youth and families an opportunity to evaluate the impact chemical dependency has had on their lives, identify their strengths and begin implementing changes that will contribute to a positive recovery lifestyle in the community. The program is based on a four-week residential stay, but offers flexibility to abbreviate, or extend the length of stay depending on the Individual's needs.



## Youth Stabilization Program

The Stabilization Program is a 6 bed program, that is approx. 7-10 days in length, that assists youth aged 12-18 to stabilize from the physical, emotional, social and spiritual consequences of their substance abuse. The hope is that the youth will begin to gain insight and awareness into their substance use and related behaviors.