

Adult Family Program

Provides educational groups and individual support for families affected by someone else's mental illness, substance use/abuse and /or gambling concerns.

Families and friends play a critical role in the lives of those who have mental health issues, substance use or gambling problems. Family members often feel they need more information and support to cope and manage with one or more of these illnesses.

How to Access Services

1. Contact Mental Health & Addiction Services, Centralized Intake 306-655-7777.
2. Callers will be provided initial information and put in contact with an Adult Family Counsellor.
3. Individuals will meet with their counsellor to assess treatment needs.



Mental Health & Addiction Services
Saskatoon Area

Healthy People, Healthy Saskatchewan

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“The results of the Epidemiological Catchment Area Study (Reiger et al., 1990) indicates that a person who has a mental health disorder is three times more likely to have a substance use disorder at sometime in his or her life than a person who does not have a mental health disorder. A person who has a substance (other than alcohol) use disorder is about 4.5 times more likely to have a mental health disorder at some point in his or her life than a person who does not have a substance use disorder.” (Centre for Addiction and Mental Health)

For this reason, Mental Health & Addiction Services offers Adult Family Programs:

- Individualized Counselling
- Information Groups
- Education Groups
- Recovery Skills Groups

MENTAL HEALTH AND ADDICTION SERVICES—MCKERRACHER CENTRE

2302 ARLINGTON AVE.
SASKATOON, SK. S7J 3L3
P: 306-655-4590 | F: 306-655-4592



saskhealthauthority.ca

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.

2021 Mental Health and Addiction Services

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